



# Managing Yourself and Others In the Midst of Rapid Change

## Drama in the Workplace Hampers Productivity

**Every day there's a new problem, a new complaint, a shorter deadline and the end is nowhere in sight.** What's a manager to do? How do you regain trust and move forward in the midst of rapid change?

**When change occurs, it's easy to get sucked into the turbulent waters of drama.** Boundaries become fuzzy, tempers flare, discouragement settles in, negativity shrouds the atmosphere and before long things seem to spiral out of control. The boat hits a rock, springs a leak and chaos breaks loose. The team starts beating each other with the oars instead of rowing in the same direction!

### What is really going on?

**When companies merge, layoffs occur, or a change in management takes place, it threatens the basic human needs of safety, belonging, physiological etc.** (You probably remember studying Maslow's Hierarchy of needs in college). When people feel threatened they lose trust and they react instead of respond. Temper tantrums, bouts of anger, depression, and negativity are all attempts to regain a sense of control and power.

## Lead your team through rapid change

**The "Stop Your Drama" programs address challenges every leader faces** when going through corporate change. Your leadership team will learn how to

- Spot the four destructive patterns that hamper productivity
- Distinguish between the two types of "drama"
- Regain focus and maintain control
- Incorporate stress reducing methods in the midst of chaos
- Predict outcomes and behavioral patterns
- Shift attitudes by learning one simple skill
- Get everyone to "row" in the same direction

The outcome is reduced stress, a more positive focus, clarity of purpose and enhanced communication skills that will impact your bottom line. The result is an empowered workforce that rowing together to accomplish the new goals.